

2010 COURSE DATES



INSTRUCTOR
HOWARD GIBBON

East - West Taoist Association Members workshops 1st session cost £25.00
Only members attending the first session may attend the 2nd - cost both £35.00
Scarborough Course fees per day: £45.00

Summer Course

Monday	26th July	1pm to 5pm Tai Chi Form, Dao Yin, I Fu Shou.
Tuesday	27th July	10am to 4pm Tai Chi Form, Dance Stick, Sword
Wednesday	28th July	9am to 1pm Meditation, I Fu Shou, Energy Work.
Thursday	29th July	10am to 4pm Feng Shou
Friday	30th July	10am to 4pm K'ai Men, Meditation, Massage
Sat	18th Sep	Scarborough Advanced T'ai Chi (11am to 4.30pm) <i>(Minimum three years experience)</i>
Sat	9th Oct	Redcar T'ai Chi - Grading (1pm to 4pm - 4pm to 5.30) - cost £25/35
Sat	16 Oct	Ossett Tai Chi (10am to 2pm) - Feng Shou (2pm to 4pm) - cost £25/35
Sat	23rd Oct	Scarborough Tai Chi (11am to 2.30pm) - Feng Shou (2.30pm to 4.30pm) £25/35
Fri	12th Nov	Edinburgh Feng Shou 7 to 9pm -cost £12
Sat	13th Nov	Edinburgh T'ai Chi (10am to 2pm) - (2pm to 4pm) cost £25/35
Sat	20th Nov	Scarborough Advanced T'ai Chi (11am to 4.30pm) <i>(Minimum three years experience)</i>

VENUES

SCARBOROUGH: Scalby Parish Hall, Scalby Rd, Scalby, North Yorkshire

REDCAR: Redcar East Community Centre, Durham Rd, Redcar

SUNDERLAND: The Washington Arts Centre, Fatfield, Washington. NE38 8AB

EDINBURGH: ST Nicholas Church Hall, 124 Sighthill Loan, Edinburgh. EH11 4NT

CARNOUSTIE: Monikie War Memorial Hall, Panmure Rd, Monikie, Angus. DD5 3PZ

WAKEFIELD: Primrose Hall, 4 Green Park Avenue Horbury, Wakefield. WF4 6EG

OSSETT: Ossett Community Centre, Prospect Road. Ossett. WF5 8AN